

## RELA NEWS

## 64-YEAR-OLD FIGHTS AND OVERCOMES CANCER: ROBOTIC SURGERY IS THE ANSWER



Mr Moheen (name changed), 64-year-old from Muscat came to Rela hospital with complaints of difficulty in breathing, snoring, and foreign body sensation in the throat. He was admitted to ENT surgeon for evaluation. Further, he was referred to Dr Vasantharaja Ramasamy, Consultant Urologist Rela Hospital, for his complaints of frequent urination.

On evaluation a cancer was detected in the prostate area with a suspicion of malignancy. His cancer on further imaging was seen only in prostate gland without any spread, amenable to curative treatment. With the help of Robotic Prostatectomy, the cancerous prostate gland was removed and with the help of a very skilled surgical

team, the postoperative period was also uneventful. Neither any ventilator support nor any ICU stay was required and Mr.Moheen was discharged within 48 hours. He left for his country with a beaming smile on his face looking forward to enjoying more time with his family.

## "Mr. Moheen's Success Story with Robotic Prostatectomy"

I was having trouble breathing, was not getting proper sleep because of incessant snoring, and swallowing food also became painful. That's when we were told about Rela Hospital by our relative. Initially, we thought it was a sleep disorder and went to an ENT for consultation.

But with further evaluation, a cancerous tumor was detected in my prostate. I am really thankful to Dr. Vasantharaja for the care and comfort he has shown. At every step, he explained the treatment. I am absolutely fine now, resumed business and doing my daily chores happily.

We had to plan for a Robotic Radical prostatectomy to remove the cancerous prostate gland. But the challenge was his upper respiratory issues causing breathing problems coupled with morbid obesity. Our expert team of anaesthetists optimized the patient well enough to take all precautions.

He underwent Robotic Prostatectomy which went on for 4 hours. He was discharged within 48 hours without the requirement of any ventilator support or ICU stay. I always emphasize on early diagnosis and complete cure of cancer by doing PSA blood screening tests for prostate cancer. Despite the morbid obesity and respiratory difficulties, this patient really did well postoperatively.



Honestly speaking, Robotic Surgery is a boon for patients like Mr. Moheen offering them early recovery, meager blood loss, less pain, and early discharge.

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